

# Our Services

## Physiotherapy



At Revital Health Physiotherapy & Massage we offer traditional orthopedic physiotherapy, Acupuncture, Dry Needling (Stimulation), spinal manipulations/mobilization and specialized physiotherapy for pelvic floor conditions and sports related injuries.

Physiotherapists are movement specialists. They are specialized in how the body moves and what can affect the movement.

We work with you to thoroughly assess and identify the root cause of your injury or condition that affects your motion and recovery goals. Then we customize a program of physiotherapy that will help you achieve your goals.

Therapists help you understand what are the risk factors and causes for your condition and how to take preventive measures.

Each human body is different, and we keep that in mind as we work to customize your treatment regime.

Conditions that we treat include acute and chronic musculoskeletal conditions, motor vehicle accident injuries, work related injuries, carpal tunnel syndrome, back pain, neck pain, TMD (temporomandibular joint disorder), Cervicogenic and tension headache, shoulder pain, hip, knee and ankle pain.